



PCA News

October 2017

PONY CLUB
AUSTRALIA

2017 National Championships



Congratulations to Pony Club Queensland, all riders and supporters for an enjoyable and successful National Championships. It was a great week in Toowoomba marked by top performances, diverse disciplines, fun and friendship. The addition of the Aquis International Showjumping Challenge, Quiz, Formal Gymkhana and Sub-Junior classes took the event to a new level. Many thanks to Horseland as major sponsor.

The Roger Braham shield for the most successful state was won by Queensland, with their teams excelling in Senior Dressage, Senior Gymkhana, Sun-Junior Gymkhana, Junior and Senior Quiz, Junior and Senior Showjumping and Sub-Junior Tetrathlon.

Victoria was victorious in Junior Dressage (team pictured right), Senior Eventing, Senior Mounted Games, Junior & Senior Tetrathlon.

Congratulations to Darcy Wade for back-to-back wins Individual champion Junior Tet -2015 & 2017 !

NSW won the teams event in Junior Gymkhana, Junior Mounted Games and Sub-Junior Showjumping.



Quiz



Image: Oz Shotz

Australia won the International Showjumping in a very tough competition with France. Courtney Tincknell (PCQ) and Mathis Burnof (France), pictured right, were neck-and-neck in the first and second rounds with Mathis winning the third round and overall individual rider. The Nations' Cup on the final day was won by China.



Image: Oz Shotz

Winners - 2017 PCA Awards

Club of the year, sponsored by Gow Gates - Gisborne Pony Club, Victoria.



Gisborne Pony Club has increased its membership by 33% in the past 18 months by focussing on quality of coaching, groups for riders without horses or those with special needs, flexible programs for older riders, and an expanded range of disciplines. It is dedicated to good governance, financial management, active sponsorship and fundraising, listening and responding to the needs of members.

Best achievement, rider under 17 years, sponsored by Horseland - Chris Paton, Victoria.



Chris has been an active member of Werribee Pony Club for 11 years and excels in Mounted Games, representing his club, zone, state and Australia. Chris is praised for being a pleasure to coach and a great team player. He is active improving his own skills and teaching others at his club and across the zone. Chris contributes to the club committee, rallies, competitions and developing younger members.

Best achievement, rider 17-25 years, sponsored by Horseland - Rebecca Cameron, NSW.

Rebecca has been a member of Armidale Pony Club since 2002. She excels in flat riding and eventing, and in the past year invigorated herself and her club to compete at the State Sporting Championships. Rebecca took up the role of Senior Instructor at her club and has introduced trail rides, club camp, social events and new clinics. Her club now has rising memberships, competition success and a happy atmosphere.



Winners - 2017 PCA Awards

Volunteer of the year, sponsored by HorseWyse - Carole Ann Hodges, NSW.

Carole holds positions at Club, Zone and State level as the Club Captain and Club Secretary of Telegraph Point Pony Club on the North Coast, as the Zone Treasurer for over 18 Clubs in one of the largest Pony Club Zones, and as the Official State Scorer for all 12 Pony Club NSW State Championships. Carole has introduced a computerised cloud-based scoring system that provides live scoring to the event office, officials and even competitors.



Coach of the year, sponsored by Wini - Wendy Cumming, WA.

Wendy is Chief Coach at Serpentine Horse and Pony Club NCAS Level 1. Wendy started a specialist eventing squad for young riders which provides tailored programs in all 3 disciplines in a regional area. Serpentine had the largest team at the PCAWA Eventing Championships with every rider placing. Wendy uses a calm, educated approach to manage horse and rider difficulties.



www.wini.com.au

Pony Club alumnus, sponsored by PCA - Richard Mitton, Queensland.

Richard was a successful Pony Club member in Victoria, achieving his A certificate at 18 years old. He went on to compete in eventing at the elite level in Australia and the UK. Richard has been an official at major 3DEs in Australia, a sector controller at the Sydney Olympics in 2000, assistant controller at the Beijing Olympics in 2008 and cross-country controller at the Incheon Asian Games in South Korea in 2014. Richard continues his contribution to Pony Club as a coach in Queensland and China.



Richard with visitors from China Pony Club

INSIDE
SPORT



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Pony Club Australia is a supporter of the 2018 Clubbies Awards.

Nominate your club, coach, administrator or volunteer.

The Clubbies are not for the club or coach with the biggest trophy cabinet. They aim to reward those who are the first to set up and the last to go home - the local legends who inspire with their passion, commitment and vision for club sport.



BEST CLUB
BEST COACH
BEST STALWART
BEST SPORTS ASSOCIATION
BEST MASTERS PERFORMANCE
BEST ADMINISTRATOR
BEST FACILITY



Details on how to enter are here

<https://www.insidesport.com.au/clubbies/nominate>

Supported by Inside Sport magazine, Sportscover and the Confederation of Australian Sport.

Entries close 30 January 2018.

Australia's
HorseWyse
MAGAZINE



Pony Club Competition

The NSW Sponsor Rider Search has just been run. Winner announced in the November issue.

Now Pony Club Victoria members have the chance to apply. Other states to follow.

Subscribe now - next issue out November 8th

SPONSOR RIDER SEARCH! Pony Club Rider, Its Victoria's turn! BONUS Family Pass to Equitana 2018!!!!

HorseWyse magazine, Cavallo Hoof Boots and The World's Best Hoof Oil, team up to find a Pony Club Sponsor Rider!

HorseWyse magazine is on the hunt throughout Victoria! Are you a Pony Club member, have a barefoot horse or pony, want their hooves to always look and feel their best.....and do you subscribe to HorseWyse magazine?

Every new subscription to HorseWyse magazine from a Pony Club member we donate \$3 to PC Australia.

If this is you and you want to be a Sponsor Rider then please send your story 200 words and photos to mail@horsewyse.com.au

The chosen rider will receive a pair of Cavallo Hoof boots of their choice and a totally Horsesome Worlds Best Hoof

Oil package. The package includes their famous Hoof Oil, true black show gloss and the new

and improved 'Diamonds' range, Worlds Best Glitter. All of the products in the range have no

'nasties' in them, I can personally vouch for the superior quality. This

time there is also a bonus Family Pass to Equitana Melbourne 2018

(doesn't include accommodation or transport costs)

Be the Pony Club VIC Barefoot pin up! Enter today!

Checkout page 14 for the Winner of the NSW Sponsor Rider Search!



Next Generation of Pony Club Leaders

Pony Club Australia sponsored 7 Pony Club members to participate in the 2017 ASC Women Leadership in Sport program, and we have been following their progress.

Sarah Jane Jameson, South Australia

Coaching and Team Management have always been a passion of mine. The idea of coaching came about growing up immersed in team sport. I have always enjoyed mentoring younger teammates and riders achieve their goals.

I have grown up around horses, but it has been my involvement in other sports that has broadened my horizons and grown my interest in making Pony Club in South Australia a more exciting place for kids. I have been involved in sport at an elite level as a player through cricket and a rider in Pony Club, and now I am looking to give back to grassroots, and help develop the next generation

I left the leadership workshop in March with the confidence and enthusiasm to move forward onto the National Championships. South Australia had a group of seven riders keen to make the trip to Toowoomba. Five Tetrathlon and two Dressage riders needed a coach/manager, so I put my hand up. Any rider who is willing to dedicate hours every week to this kind of trip needs support. The next six months were filled with trainings for all riders, reports for each meeting and logistics to sort to get the riders to Queensland. The one thing that made my job so easy was the support and dedication from not only the riders, but their parents. No task was too tedious for the group, and many issues were solved with minimal fuss. It was fantastic to see the SA team perform so well, with the Junior Tet girls placing second, with many PBs in each phase. The team also competed in the National Quiz which was a great experience.



The SA Junior Tetrathlon team

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I have learned so much in the six months since the leadership workshop. The workshop has opened my eyes to opportunities that have not yet been explored. There are so many opportunities for riders to not only represent their state, but also their country. Moving forward in South Australia, I would like to introduce a Rider Development Program, which encourages riders to take that next step.

On a personal level, I still have so much to learn as a coach. I am currently looking at coaching courses to build on my knowledge, and enrolling into a Governance course to increase my understanding on non-for-profit organisations. The workshop helped me set out a plan to achieve my goals. My goals are long term, but I believe I have already taken large steps towards achieving them.



Sarah Jane with PCA Patron Gillian Rolton



Michelle's travels

PCA board member, Michelle Harper, spent several months of 2017 travelling across Australia and meeting many Pony Club members.

While Michelle and her husband were sitting at a table at the Barkly Homestead in the Northern Territory, they were joined by four very pleasant road train drivers who were held over for a few days until conditions improved for their deliveries. How the conversation turned in this direction one will never know, but it turns out that 3 out of four of the truckies were either Pony Club alumni or their family had been heavily involved in Pony Club.

Ashley Wetherall was a member of Bell Pony Club in Queensland. He smiled when he remembered his favourite pony, Rusty. His favourite activities were trail riding and barrel racing but he enjoyed learning about horsemanship at Pony Club too. When he's not trucking, Ashley has been known to take a gooseneck with 4 horses and go mustering in the Northern Territory.



Rob "Foggy" Dunne's grandfather was the famous Peter Dunne who was instrumental in the foundation of Tocumwal Pony Club in 1964 at the Recreation Reserve. Peter Dunne taught hundreds of children to ride and, although born in 1908, he was still active at Tocumwal Pony Club in 1984. To honour Peter Dunne on his 80th birthday, club officials decided to stage a yearly event called "The Peter Dunne Memorial Day" consisting of dressage and jumping events. Foggy himself didn't attend Pony Club but fondly remembers his much loved grandfather bringing wild ponies to the farm in Yarroweah so Foggy and his brother could ride them bareback until they settled enough to be considered for Pony Club.



Graham went to Tocumwal Pony Club and his face widened into a grin when saying how he thoroughly enjoyed his Pony Club days. Unfortunately, Michelle missed catching up with him the next day to get photos and details as he was already on the road in his 53 metre long road train in some of the most remote places in Australia.

Coaching opportunity - China

PCA is helping to build Pony Club in China and there are opportunities for NCAS Level 1 Pony Club coaches to teach both riders (E & D), and PCA NCAS Preliminary candidates. All expenses, and a weekly fee, are paid to PCA coaches. Trips are around 3 weeks duration.

Please contact PCA at info@ponyclubaustralia.com.au

It's Laminitis season

Warmer weather and Spring rain will bring rich pasture growth and an increased risk of laminitis in susceptible horses and ponies. A recent publication has reported data gathered from Pony Club participants. It also included interesting information about diet and exercise. (Australian Veterinary Journal, 95 (10), 370-374.

15% of surveyed Pony Club horses had suffered laminitis, with more than half of these having recurrent bouts. Ponies were 10 times more likely to have experienced laminitis than horses. More than 75% of the ponies/horses were ridden at least twice per week, and for more than 30 minutes each time. Most of the ponies/horses competed in more than one discipline.



There is a strong association between obesity, lush pastures and laminitis. Not unlike humans, obesity, high insulin and high blood glucose levels often occur together. Insulin also has a direct effect on the hoof laminae. Horses rarely develop diabetes, but they do suffer from laminitis.

What can you do?

Check the condition score of your pony, put him/her on a diet if necessary and keep him/her in fit condition by riding regularly.

Limit dietary sugars, which come from lush pasture and also from feed concentrates. This is like putting your pony on a "low GI" diet.



Gunnedah Pony Club



Central Zone Games, Victoria